

LEG EXTENSION

JPL-501

◆ The seat is angled to isolate the quadriceps muscles. Pivot points are placed precisely parallel to the knee for biomechanically correct movements. Adjustable foot rollers adapt to all leg lengths. The Jerai Fitness Leg Extension provides a maximum weight of up to 220 lbs.

◆ **DIMENSION:**
Length : 56 inches / 142 cms
Width : 44 inches / 112 cms
Height : 58 inches / 147 cms
Weight Stack : 220lbs / 100kg

◆ **MUSCLE WORKED:**
Vastus Lateralis
Rectus Femoris
Vastus Intermedialis

